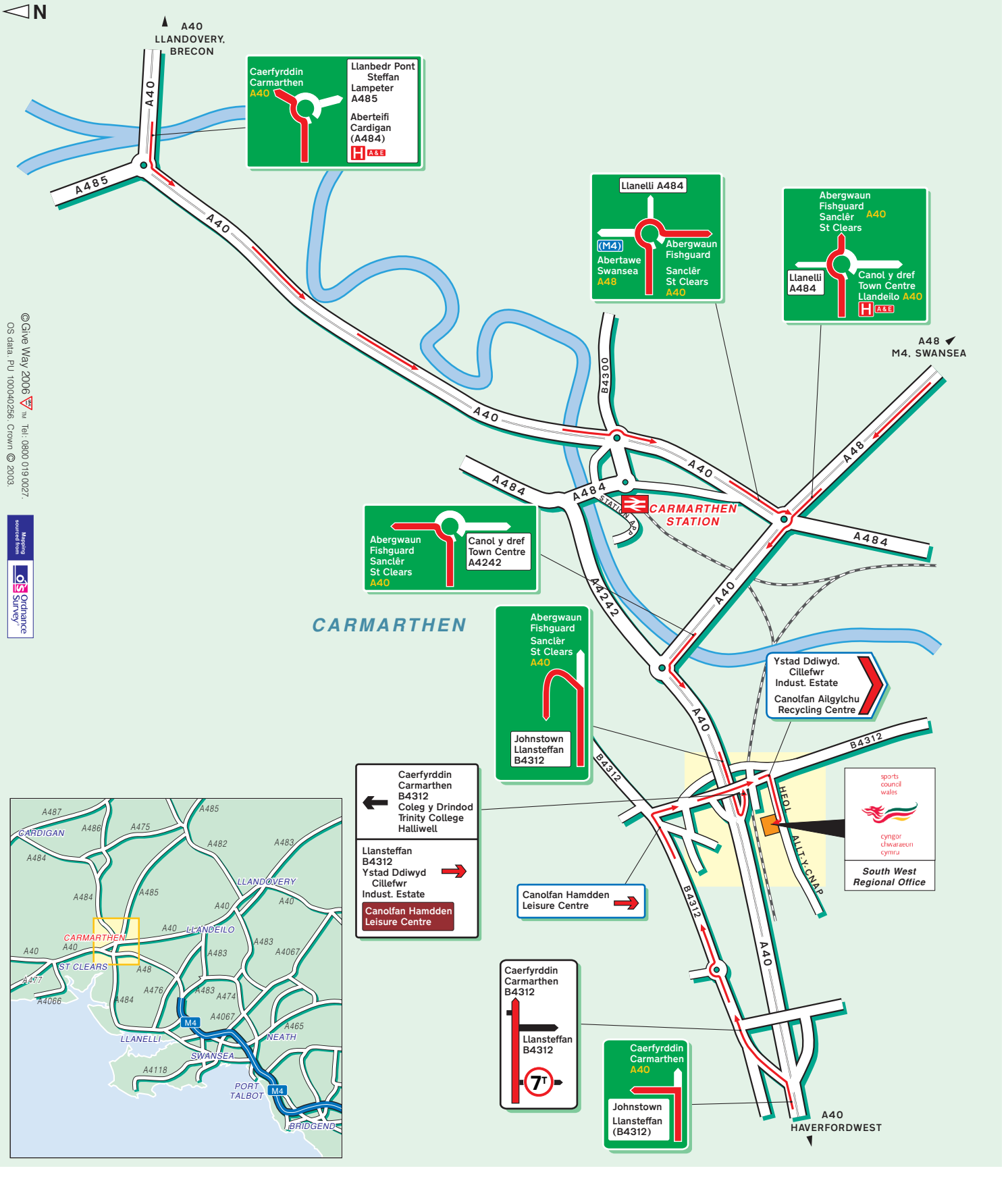
sports council wales
cyngor chwaraeon cymru

Sports Council for Wales
South West Regional Office, Tŷ'r Drindod, Heol Allt-y-Cnap,
Johnstown, Carmarthen SA31 3NE

Tel: 0845 045 0906 Fax: 029 2030 0627
Email: scw@scw.co.uk Website: www.sports-council-wales.co.uk

Public Transport

By Rail, Carmarthen Station.
Approximately 5 minutes by taxi.

For information on train operators and times phone National Rail Enquiries on 0845 7484950.